**Anaphylaxis Interview Questions**

School Nurse; contracted to Cedar Falls via local health department. June 2014

1. What is your policy with regard to nuts (peanut and tree nuts) in your schools?

* Nut free district?
* Nut free school(s)?
* Nut free classroom(s)?
* Nut free table(s) in the lunchroom?
* (And if policy is written, can you send a copy or direct to a copy?)

*Cedar falls changed policies last year. They previously had one school that was “strict”; they did screen lunches for the entire school; it was challenging to do so. Every school in the district responded differently so it was challenging. In 2012-2013 a working group formed. They used National School Board Association guidelines as a resource which gave some samples. The group was made of school nurse, nutrition staff, administrators, bus staff, and parents with and without children with allergies. The process was done via open public meetings. At this time, there is follow up and re-evaluation. Role responsibilities were delineated. The group came out of process NOT recommending taking out P&J (crustables). However the school attorney advised removing the PB sandwiches as the school has control over what they offer. Their guidelines SAY that they must have nutritional statement from doctor (the federal form), however they may ask specific questions for specific students to the health care provider.*

1. What is your policy with regard to serving nuts/nut products by your school or district food service?

* No use or serve nuts/products by food service?
* No serve peanut butter by food service?
* No serve of pre-packaged PB&J sandwiches?

*None served*

1. If you have a policy of limiting nuts, how and why was this decision made?
   * How is this limitation enforced?
   * What type/amount of training has been needed to enforce the policy?
   * What has been the school nurse role with enforcement?

*There has been no “kick back” from other parents that she knows of re: “crustables”. But the change also came with other nutritional changes so many parents were unhappy and she thinks that the discontinuation of crustables may be assumed to be part of the federal nutritional changes.*

1. What about actual practices in your district/school(s)/classroom(s)?
   * How common are 504 for food allergic students and what is school nurse involvement in those 504’s?

*Offered widely.*

1. What has been the impact of policy?

* On gluten-free students
* On vegetarian students
* On F&R meal students

*Unknown*

1. What alternatives to peanut butter has your district/school implemented?

*Not sure, were looking into Sunbutter*

1. What feedback have you received regarding this issue?

* From students?
* From parents/families?
* From community members/groups?

1. Has this reduced the number of allergic reactions in school? Is your answer backed by statistics or is it anecdotal?

*Not that she is aware of. Most allergic reactions were undiagnosed allergic students anyway. The committee didn’t want to change (from serving crustables) because what was done was working.*

1. What do you think has gone well with implementing your policy and what would you like to have changed with implementation if you had that ability?

*Pretty happy with how it went. Great administrator. Good process. The guidelines need to have yearly follow up and training.*